



The Direct Current Monthly E-Newsletter

May 2010

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Welcome New APTA and AzPTA Members!



Kelli Cooper, PT; **Amber Enright**, Physical Therapist Student; **Tennell Gilmore**, PT; **Justin Gonzales**, Physical Therapist Assistant Student; **David Gordon**, Physical Therapist Student; **Shawn Gorsline**, Physical Therapist Assistant Student; **Nicole Johnston**, Physical Therapist Assistant Student; **Chris Kirkpatrick**, Physical Therapist Student; **James Morris**, Physical Therapist Assistant Student; **Jayece Olson**, Physical Therapist Student; **Chelsea Otterson**, Physical Therapist Assistant Student; **Tamara Spadafore**, Physical Therapist Student; **Andrea Tuijl**, PT; **Josiah**



Phil Tygiel, Kay Wing and the "Commander in Chief" (?) at the APTA Federal Affairs Forum - April 2010

The mission of the AzPTA is to represent and promote the profession's role in the prevention, diagnosis and treatment of movement dysfunctions to enhance the health and functional abilities of the public.

Quick Links

[Arizona Physical Therapy Association \(AzPTA\)](#)

[AzPTA Calendar of Events](#)

[American Physical Therapy Association \(APTA\)](#)

[Arizona Board of Physical Therapy](#)

Anderson, PT; Jason Ball, PT; Anita Balshaw, PT; Ashley Chandler, PT; Lynette Gilmore, PT; Courtney Jarvis, PT; Leon Keller, PT; Heather Leventhal, PT; James Maiorana, PT; Marilyn Moffett, PT; Amy Severson, Physical Therapist Student; and Shaheen Siddiqui, PT.



We welcome you to **YOUR** membership association!

Members in the News

Sandy Goldstein of Sandy Goldstein and Associates was recently appointed **APTA Communications Chair** for the **Orthopedic Section, Occupational Health SIG**. Congratulations, Sandy!

Two Arizona physical therapist students were chosen to be ushers at the **2010 Annual Conference** in Boston. **Kellie Holloway** and **Tabitha Hannum** from AT Still University will be representing us.

Renew Your License or Certificate with The Arizona Board of Physical Therapy for the 2010-2012 Compliance Period

It is getting close to the time to renew your license or certificate and finish up those continuing competence contact hours. Some good news is that while the State of Arizona has had some budget difficulties it has not found its way into licensee and certificate holder fees. The renewal fee for a physical therapist license is \$160 and the renewal fee for a physical therapist assistant certificate is \$55. These are the same fees as in 2008.

As you prepare for your renewal process, here are some dates to remember:

In early June the Board staff will e-mail members the 2010 Newsletter and notice of the upcoming renewal. On June 18, 2010 the Board staff will mail all licensees and certificate holders the paper renewal forms, [update your address with the Board NOW](#) if you have any doubt about its accuracy. On June 21, 2010 you will be able to begin renewing your license or certificate online [at the Board's website](#).

When preparing for your renewal one of your top priorities if you are a physical therapist will be to ensure that you have completed all continuing competence activities for the September 1, 2008 thru August 31, 2010 compliance period. Physical therapists are required to have 20 contact hours of continuing competence activities of which 10 must be from Category A. All hours must be completed in the 2008-2010 compliance period. Physical Therapist Assistants do not currently have any continuing competence requirements. To obtain more information, contact the Board staff at 602.274.0236.

Arizona PT PAC Contributions - Give Just \$5.00

Only 11% of APTA membership contributed to the national PAC last year, and less than that contributed to the Arizona PT PAC. The only way we can make a difference, other than writing or calling our legislators, is to give our individual dollars to our state and national PACs. Unfortunately, we can't use membership money for PAC contributions as this practice is illegal. This year is especially important as the November elections will change the composition of the Arizona State Legislature and of the U.S.

*Would You Like Your
Company Logo Here and a
Link to Your Website?
[Email us for details!](#)*

Congress. Members of the Legislature and of the Congress know who their friends are. Help us through your PAC contributions to support those legislators who support us. If every member (or non member) contributed \$5.00 to each PAC we would be able to accomplish big things. For the national PAC make checks payable to PT-PAC and send to 1111 N. Fairfax Street, Alexandria, VA 22314 or make contributions online via credit card at www.ptpac.org. For Arizona PAC contributions [email AzPTA Executive Director Heidi Herbst Paakkonen](mailto:AzPTA_Executive_Director_Heidi_Herbst_Paakkonen).

Upcoming 2010 AzPTA Events and Other Announcements

June 26 - **Pediatric Update** - Scottsdale ([online registration now open!](#))
August 7, 2010 - **PTA Update** - Mesa
October 1 & 2 - **Fall State Meeting** (location TBA)
November 6 - **Student Conclave** - ATSU in Mesa
December 7 - **Practice Management Update** (location TBA)

Check the [AzPTA website](#) frequently for details on all of our 2010 programs and events!

The [AzPTA Executive Board](#) has updated the [2010 Goals](#) and [The Ideal Scene](#) for our association. These documents were presented to the membership at the spring conference and are posted on our web page. You will find them under the Governance menu.

Effective June 1, 2010 at the AzPTA will have a new office. We are moving 3 blocks to a professional office plaza at 3933 S. McClintock Drive in Tempe (85282). All other contact information will remain the same.

AzPTA PT & PTA of the Year Nominations Open Soon!

Do you have a wonderful colleague and AzPTA member you'd like to recognize? The nomination form for **PT & PTA of the Year 2010** has been posted to the [AzPTA website](#) (under Quick Links). The form includes the award criteria, deadlines, and is set up as a "click and submit" nomination form. The nomination deadline is September 1, 2010. The award will be announced at the AzPTA 2010 Fall Meeting on October 2.

Arizona Again Shines at APTA Federal Affairs Forum

On April 22-25, 2010 six PTs and seven PT students from Arizona attended the APTA Federal Advocacy Forum in Alexandria, VA . On Tuesday, April 25 our delegation met with each of the Arizona Representatives and Senators or their staff members. We lobbied for:

1. Repeal of Medicare Therapy Cap
2. Medicare Direct Access
3. Student Loan Forgiveness
4. Veterans Physical Therapy Services Improvement Act which would create a Director of Physical Therapy within the Veterans Administration and upgrade PT's qualifications, in addition to fixing the ongoing problems with the SGR formula which will lead to a 21.2% reduction in the Medicare fee schedule was promoted.

PTs attending were **Kay Wing, PT, AzPTA President; Linda Duke, PT, AzPTA President-Elect, Phil Tygiel, PT, APTA Federal Advocacy Committee; Lorri Hansen, PT; John Heick, PT and Don Berlyn, PT**

Committee, Lori Hansen, PT, John Heick, PT and Don Beryn, PT, Federal Affairs Liaison. PT students from AT Still University included **Tabitha Hannum, Kristen Whitefield** and **Daniel VanVoorst.** PT students from Northern Arizona University included **Amber Enright, Tiffany Renwick, Michael Heinrich** and **Jared Lundquist.** Click [here](#) to view some pictures of the Arizona delegation in action!

Arizona again led the APTA in the number of students participating 7 out of a total of 42.

If you haven't already, please [join the "PTeam" email list](#) for the latest updates on important Federal legislative developments. There is also an [American Physical Therapy Association Facebook fanpage](#) and an [APTA Advocacy Twitter page](#) through which you can receive Federal legislative updates.

Spring Meeting 2010 Draws Big Numbers

The AzPTA Spring Meeting was a success with 228 registrants. Physical Therapists and Physical Therapist Assistants engaged in a week-end long educational seminar with **Shirley Sarhmann PT, PhD, FAPTA.** Dr. Sarhmann shared her wisdom and knowledge regarding evaluation and treatment of Movement Impairments. Her clinical demonstrations at the meeting provided direct observation of her evaluation and treatment. The AzPTA Practice Committee also provided a humorous hour of interactive participation regarding current state standards for supervision and documentation. **Secretary of State Ken Bennett** was the fascinating luncheon speaker on Friday. He taught us about Arizona's budget crisis in a very visual and understandable format using stacks of color coded Kleenex boxes. Look for a gallery of photos in your next issue of APTAN!

The 2010 PT Oxford Debate Features AzPTA Member

Our own **Carl DeRosa, PT, PhD** has been selected to serve on a debate team during the **APTA 2010 Oxford Debate: Resolved, practicing physical therapists should be "grandfathered" and granted use of DPT as the clinical designator.**

Carl was appointed to debate for the "Con-Grandfathering Team." For more information on this prestigious, hilarious event [click on this link.](#) If you go, bring your cowbell or noisemaker!

Members Mentoring Members

Are you interested in helping someone new to the profession with leadership, career, or professional development? Many PT and PTA new graduates begin their careers not realizing the questions that they will have, nor do they know where to turn for answers. According to many experts, career success often requires the assistance of people willing to support and encourage another's career development--a mentor. In fact, the U.S. Department of Labor has identified the lack of mentoring as one of the "organizational or attitudinal barriers" preventing career advancement for working professionals.

By developing the **Members Mentoring Members** program, the AzPTA will be able to help its members by putting them in touch with others in the same practice setting or area of clinical expertise. The **Members Mentoring Members** program is free and open to all members. The **Members Mentoring Members** program does not match mentors and protégés, but rather provides comprehensive information which allows potential protégés to contact prospective mentors directly. The amount

of time devoted to the program is dependent upon each individual.

Some suggested activities include:

- * Meeting in person to discuss current issues
- * Answering questions via phone or email
- * Providing advice
- * Helping to advance manual skills

Please join today to help advance our profession by [contacting AzPTA Executive Director Heidi Herbst Paakkonen](#).



New Arizona PTA Program Awarded Full Accreditation!

Mohave Community College PTA Program has received full accreditation from the Commission on Accreditation for Physical Therapy Education (CAPTE) Let's give a BIG round of appaluse to AzPTA members **Rhonda Schnabl, Carrie Perkins**, and the rest of the team at Mohave Community College for their hard work and dedication to the profession! To read more about this accomplishment, [click here](#). The program's first graduates were honored at a pinning ceremony on May 12, 2010 and will receive their diplomas on May 14, 2010. We are proud of these individuals!

APTA Statement on Washington State Supreme Court Decision on Columbia Physical Therapy, Inc. VS. Benton Franklin Orthopedic Associates, P.L.L.C.

On March 18, 2010, the Washington Supreme Court unanimously ruled in favor of a practice owned by medical doctors (MDs) in a lawsuit challenging its right to employ physical therapists (PTs) to whom the MDs refer patients. The challenge was brought by Columbia Physical Therapy, Inc. (Columbia), a PT-owned professional service corporation, against Benton Franklin Orthopedic Associates, P.L.L.C. (BFOA), a professional limited liability company owned by MDs. The Court's opinion is accessible online [at this link](#). The APTA has issued a response to the Court's action; [click here](#) to read that statement.

Become a Facebook Fan of APTA and AzPTA

Become a fan of the APTA by clicking on this icon:  Even non-members can be a fan. You can use the APTA fan page to learn about advocacy, access information on continuing education courses, see what your colleagues are up to, read articles of interest, and stay updated on questions about APTA and physical therapy. We can also use Facebook to write our legislators, and to let others know that you have written. In July of last year there were 7,620 APTA fans with New York City having the most in a city or state. Let's show them the Arizona spirit and join. ***Tiny Arizona can have more friends than big NYC!*** Also, be a friend of AzPTA on Facebook by clicking on this icon:  We currently have 156 members and would love to see that number grow!

Thank you for supporting YOUR professional membership association!

Sincerely,

Kay Wing, President
Arizona Physical Therapy Association

Email Marketing by

